

- Please review the following information to help you understand all the details and procedures specific to implant surgery.
- Please inform us about any current medications that you are taking, including aspirin and any over the counter medications. If you have not had a physical within the last year, please do so and advise as of any changes in your health. If you have any allergies, specifically to drugs or latex please advise us before surgery. We also must be informed about any change in your health, if you have had heart surgery or any heart related problems or have had a hip or knee replacement. All these factors are taken into consideration when prescribing your medications for your implant surgery.
- One week prior to your surgery date please arrange to come by our office to pick up pre-operative and post-operative prescriptions, and confirm your surgical date by leaving 50% of the estimated treatment fee. If payment has not been received 1 week prior to surgery, the appointment will automatically be cancelled. Another appointment can only be scheduled after the deposit has been received.
- We strongly recommend that you refrain from smoking after your implants are placed. Smoking compromises the microcirculation to the implant site. If you are a smoker, failure rate increases by 25%.
- You will be given the option of an oral sedative with your pre-operative prescriptions; it will be to your benefit to consider taking this since it will help to relax you during the procedure.
- On the day of surgery please arrange for someone to drive you to and from the appointment. We recommend that someone stay with you for the remainder of the day.
- Have a healthy meal and take your medication before you arrive for your surgery. Bring the rest of the medication with you to your appointment.
- You will be given local anesthesia at the beginning of your surgery to “freeze” the surgical site and surrounding areas.
- During the surgery, we will be making an incision in the gum to expose the bone at the site the implant will be placed. After the implant is placed a cover screw or healing abutment is put on top of the implant to protect the interior. The surgical site is then closed with sutures (stitches).
- After the surgery, we will start “icing” your face here. We will provide you with an ice pack you can take en route, which we would like you to use for several hours, alternatively on and off for 5 minutes.
- When you get home and the freezing is coming out, expect to feel some discomfort. You should take one of the pain pills that was prescribed and continue to ice your face and rest. During the recuperation time, the first 12 hours are most important, as the new microcirculation is forming around the implants. Rest and nourishment is important as well as taking your prescribed medication.
- Sometimes after surgery, you may experience some swelling or bruising in the area. This is minimized by the premedication that was given to you pre-operatively, and the icing that you do post-operatively.
- Eat a soft diet for 3 to 4 days after surgery. You will know when you are able to chew something harder; it will depend on how many implants we placed. If you are wearing a temporary denture it will take a little longer for you to adjust to chewing with it. The temporary teeth are made to fit to the best of our ability and we try to make them as comfortable as possible, but can't guarantee you will be as happy as you will be with your permanent teeth.
- Some ideas for a soft diet include the following: blended protein shakes, mashed potatoes and melted cheese, yogurt, scrambled eggs, juices, ice cream, oatmeal etc.
- Depending on the number of implants being placed, this will determine how long you should be limiting your activity. In most cases, 2 to 3 days is sufficient. You may want to confirm the number of days with Leigh or Dr. Fox depending on your specific treatment. If you require a letter of absence from your employment, please advise us and we will be happy to have it ready for you when you leave.
- 3 to 4 days after surgery you will need to come back to the office for Dr. Fox to revisit the surgery site, and if need be to insert your temporary teeth until your implants integrate with the bone. For upper teeth this time is approximately 4 to 6 months. Lower implants a little less time-3 to 5 months.
- Fourteen days after surgery, you will return to the office for suture removal and a post-operative check-up to see how you are healing.

- Each implant surgery is unique. The bone quality of each patient varies in each case. The size of the implants is determined by the height and density of the bone available. Dr. Fox places the implants in the best surgical site available to you. The success rate is high but failures can occur, as you understand from your consultation. Our average success rate is approximately 85% in the upper arch and 95% in the lower arch. (*there is a very remote possibility of a transient or permanent numbness when implants are placed in the posterior lower jaw)
- Dr. Fox will be available for you at any time. After office hours, please call the office and retrieve his cell phone number from our answering service, then call him directly.
- At the discretion of Dr. Fox, your prosthetic design may need to be modified if implant placement was modified from the original plan during surgery.
- Please contact Leigh if you have any further questions or concerns. Her direct line is 416-438-6699 ext. 26.
- Congratulations to you and your journey to a more stable dental life!

Sincerely,

Dr. Allan Fox

Allan Fox. D.D.S. , B. Sc.
Dental Implants & Porcelain Veneers

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A large background image of a water splash, with a central drop creating ripples and a blue-tinted splash on the right side.

**Preparing For Your
Implant Treatment**

Dr. Allan Fox